

Welcome to Your Ketamine Infusion Experience at Interbeing Health

How Does Ketamine Work?

Ketamine is a powerful NMDA receptor antagonist that increases glutamate levels in the brain, enhancing neural communication and promoting synaptogenesis. This process helps forge new neural pathways, improving mood, thought patterns, and cognition. It's particularly effective in repairing damage from long-term stress hormones, offering both fast and sustained relief from depression.

Frequently Asked Questions About Ketamine Treatment

Is Ketamine Therapy Safe?

Absolutely. With over 50 years of medical use globally, ketamine is administered under strict, medically-guided protocols at Interbeing Health, ensuring safety and control during every 45-minute infusion session.

Why Choose Ketamine Infusion Over Other Methods?

Ketamine infusions ensure 100% bioavailability, allowing for precise, controlled dosing and immediate cessation if needed. This method is not only safe but also allows for predictable effects and rapid intervention during negative responses.

What Does a Ketamine Infusion Session Involve?

Your session at Interbeing Health is a guided, comfortable experience. After discussing the process with your provider, you'll receive a carefully monitored IV infusion for 60 minutes in a supportive setting. You may experience a sense of lightness or a dream-like state during the session, with most patients feeling clear-headed and present shortly after.

How Long Do the Benefits of Ketamine Infusion Last?

Patients typically experience months of relief after a series of six infusions, with some returning for maintenance doses. The lasting impact varies, encouraging a tailored approach to each individual's needs.

What Are Integration Sessions?

Post-infusion, integration sessions with our providers or yours help translate insights from ketamine therapy into actionable, long-term growth and healing. These sessions support the sustainability of treatment benefits and encourage continued personal development.

What Are the Side Effects?

Immediately after the session, some may experience temporary dizziness, mild drowsiness, or nausea, all of which typically resolve quickly. Our team closely monitors and manages any discomfort, ensuring a smooth and comfortable experience.

Is There a Risk of Addiction?

Ketamine used in our controlled, therapeutic settings does not lead to dependence or addiction, making it a safe choice for those concerned about substance use.

What Is the Cost of Treatment?

Our treatment costs vary, reflecting the personalized care plans designed by our providers. For detailed pricing, visit our For Patients page.

Is This Treatment Covered by Insurance?

Currently, our ketamine treatments are available on a cash-pay basis only.

Is Ketamine Therapy Right for Me?

To find out if ketamine therapy is suitable for you, schedule an intake assessment with our trauma-informed team. We'll develop a care plan tailored to your health history, symptoms, and overall experience.

Ready to Transform Your Life?

Contact our dedicated team today to start your journey towards lasting mental health and wellness. Reach out to us at [contact information], or visit our website at Interbeinghealth.com/Getstarted to learn more and schedule your consultation.